

# Chlamydia infection

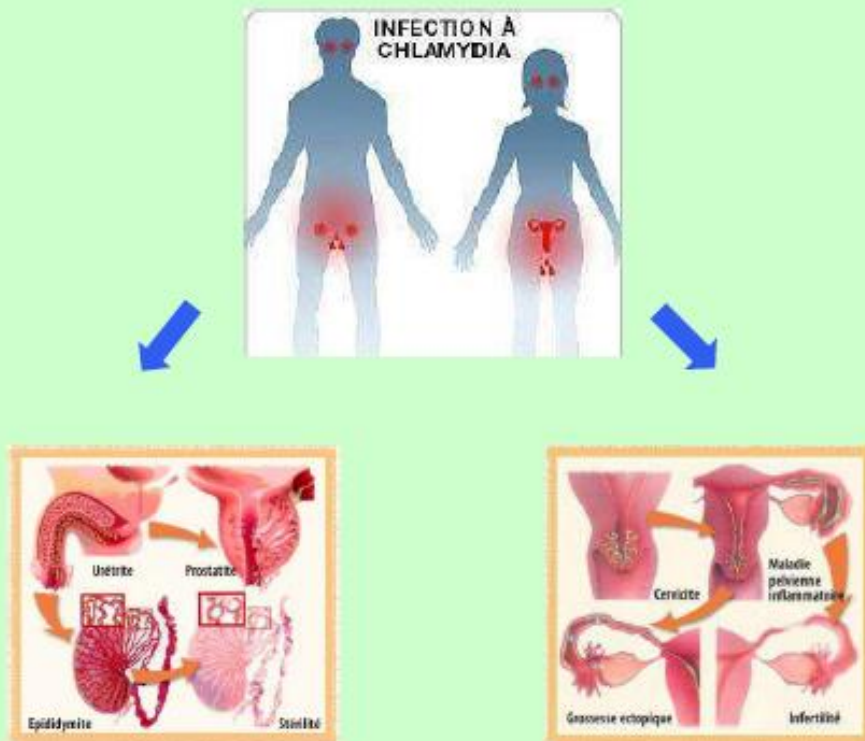
A very frequent STI among young people, often symptom-free and with potentially severe complications, which is easy to treat if detected in time.

## What is it ?

It is currently the most frequent **sexually transmitted infection (STI)** among young people aged 16 to 24 years, particularly those who have several sex partners or who change partners.

Most often there are **no signs**, so one can be infected **without knowing** and carry and pass it on to others **during several years**. All the while the bacteria involved multiply in the genital tract and can lead to **infertility, ectopic pregnancy or transmission to a newborn baby** during delivery.

If diagnosed in time, the infection can easily be treated. There is no vaccine.



## How is the infection detected?

On a self-collected urinary or vaginal sample that will be analyzed in a lab.

## How can it be treated?

In case of infection, your doctor will prescribe an antibiotic and will advise you to inform your partner(s) for instance via email: <http://www.info-ist.fr/conseils/index.html>

### Should one also get tested for other STIs?

This test can also be an opportunity to check for other STIs, discuss this with your doctor: HIV, hepatitis, syphilis, papillomavirus (i.e. HPV, the virus responsible for genital warts, which can also be a cause of cervical cancer).

### How can you avoid getting or transmitting an STI?

1. Use a condom (male or female) to protect yourself and your partner(s)
2. Get immunized against hepatitis B, and HPV (cervical cancer).
3. Talk to your partner and get tested regularly, particularly when deciding to discontinue condom use.

### Your general practitioner:

A special person you can talk to, regardless of your sexual orientation, who:

- respects your intimacy within a confidential interview,
- answers your questions about STIs and how to prevent them,
- discusses contraception options with you.

Don't hesitate to talk to him/her: your doctor listens to you, is concerned about your sexual health, can prescribe a screening test, a contraceptive, and inform you.



**Let's talk about it !**



Département de Santé Publique



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