

3Cs & HIV Programme:

Skills, Competencies and Requirements for Local Programme Trainers

The National Chlamydia Screening Programme (NCSP) is committed to opportunistic screening for all sexually active young adults, delivered as part of a basic sexual health offer in routine primary care and sexual health service consultations.

We recognise the hard work General Practices have undertaken in this area in recent years, achieving varying levels of success across different localities. To provide general practices with support to achieve future success, the NCSP has developed the 3Cs & HIV programme for national roll out.

The 3Cs & HIV programme is designed to strengthen sexual health work already funded and underway in local areas, and support delivery of the three sexual health indicators included within the *Public Health Outcomes Framework* indicators (increasing chlamydia diagnoses, expanding HIV testing to reduce late diagnoses and reducing under-18 conceptions).

The programme adapts an intervention previously trialled by the HPA to support general practices increase chlamydia testing, based on the Theory of Planned Behaviour. In this randomised controlled trial, surgeries that fully engaged with the intervention increased chlamydia detection by 76% ($p=0.005$). The trial results provide a realistic measure of the likely take-up and efficacy of the 3Cs & HIV programme, if commissioned in general practice

The 3Cs & HIV programme has been specifically designed to align with and support the work already being delivered by general practices. The programme design has been informed by GP, practice nurse and patient interviews, and its ongoing delivery will be guided by a GP and practice nurse advisory panel.

The NCSP will offer 1,500 surgeries across England the opportunity to participate, which will involve:

- Local areas signing up to participate and identifying a local 3Cs & HIV trainer
- NCSP 'training the trainers' and providing all 3Cs & HIV programme materials
- 3Cs & HIV trainers engaging local practices in participating
- Local 3Cs & HIV practices delivering the offer to young adults on ongoing basis
- 3Cs & HIV practice data being collected and evaluated across 2013/14

The 3Cs & HIV trainers will play a crucial role in delivering the intervention in local GP surgeries. This document sets out the selection criteria that should be considered when recruiting local Trainers and outlines the level of commitment required.

1. Trainer desired skills, competencies and work experience

- Experience working in sexual and reproductive health/chlamydia screening
- Understanding of the role and function of the NCSP
- Local data system knowledge: chlamydia screening, contraception, C-card schemes and HIV testing
- Training and presentation skills
- Excellent communication skills
- Ability to build relationships with GPs and practice staff
- Positive can-do attitude and a flexible approach

2. Trainer role and responsibilities

- Trainers will participate from June 2013 for a period of 12 – 18 months. The amount of time required will vary per Trainer, depending on local arrangements and the number of practices engaged with the project
 - It is anticipated approximately 0.5 WTE would be required if 30 practices in one local area are engaged
 - Participation will not require additional capacity if the Trainer identified is already working in a general practice sexual health role
 - The role can be split between two or more staff
- Trainers will be required to:
 - Attend an initial two-day training course in May/June 2013, held locally/regionally
 - Following training, plan programme delivery in line with 3Cs approach and methodology
 - Deliver the programme in around 30 local general practices (*this could be more or less depending on local circumstances*):
 - Each practice should receive three contacts over a nine month period
 - The NCSP is not able to cover travel costs
 - Ensure the 3Cs & HIV programme is integrated with local chlamydia screening and condom distribution, and other, young adult sexual health systems
 - Support data collection to evaluate and monitor the programme. Trainers may be required to follow up with practices to ensure data submission, and collate/ submit data to the HPA directly using agreed templates. The following data are required:
 - CTAD data for chlamydia screening
 - Contraceptive prescribing data for 15-24 year olds
 - HIV testing
 - Registration and usage of C-card or other local condom distribution programmes
 - Report on delivery to their NCSP sexual health facilitator and NCSP project coordinator
- Trainers should be available to start surgery visits from July 2013?
The NCSP may be able to work with areas that can only come on stream later if necessary.

3. What will Trainers get out of the process?

- The 3Cs & HIV programme offers valuable support and resources for staff working in the area of sexual health in general practice
- Local trainers will receive the latest evidence and information on chlamydia screening and wider sexual health
- Trainers will further develop their skills and sexual health experience working with primary care, as part of a national programme
- The 3Cs & HIV programme will deliver increased chlamydia screening rates to help deliver the local diagnostic rate set in the Public Health Outcomes Framework.

4. Trainer recruitment process

- The NCSP sexual health facilitator team began promoting the project to local areas in January 2013
- Areas interested in participating, or that would like further information, are invited to discuss the project with their sexual health facilitator
- Expressions of interest should be submitted by commissioners/ budget holders to sexual health facilitator by the end of March 2013

**For more information please contact your NCSP sexual health facilitator or
email ncspteam@phe.gov.uk**